

SENIOR CENTER OF BOULDER CITY

September 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September - A month of Events! Sep 6 Shopping at Sears, Big Lots, Savers Sep 6 Labor Day BBQ Spare Ribs Sep 15 DVD presentation of "Dean Martin" show Sep 20 Pahrump Winery Trip Sep 21 High Desert Tales, short story reading Sep 28 Fiesta Casino Trip		9:00 Blood Pressure 12:30 Open Music Jam 12:45 Bingo 6:00 Pinochle	8:00 Wood Carvers 12:45 Poker 1:00 Community Club 1:00 Pinochle 1:00 Chatty Hatters 6:00 Music Jam	8:00 Farmers' Market 8:30 Book Cleaning 10:00 Chair Massage 1:00 Health/Wellness Disc Gp 1:00 500 Cards 1:00 Pinochle	9:00 <i>Weight Watchers</i>
10:00 Shopping Trip 11:30 Mah Jongg 1:00 Wood Carving 1:00 Party Bridge 1:00 Bingo 1:00 Scrabble	9:30 Oasis Home Health 10:00 Coin Collecting 12:45 Poker 1:00 Rummikub 1:00 Pinochle 6:00 Weight Watchers	9:00 Blood Pressure 9:00 Stamp Club 11:00 Veterans Seminar 12:30 Open Music Jam 12:45 Bingo 1:00 Grief/Loss Support	8:00 Wood Carvers 12:45 Poker 1:00 Pinochle 1:00 Chatty Hatters 1:00 Social Security 6:00 Music Jam	8:00 Farmers' Market 8:30 Book Cleaning 1:00 Duplicate Bridge 1:00 500 Cards 1:00 Pinochle	9:00 <i>Weight Watchers</i>
11:30 Mah Jongg 1:00 Wood Carving 1:00 Party Bridge 1:00 Bingo 1:00 Scrabble	9:00 Senior Law 10:00 Coin Collecting 12:45 Poker 1:00 Rummikub 1:00 Pinochle 6:00 Weight Watchers	9:00 Blood Pressure 10:00 Better Breathers 10:30 "Dean Martin" Variety Show 12:45 Bingo	8:00 Wood Carvers 9-12 Commodities 11:15 SCBC Board Mtg 11:30 Red Hats 12:45 Poker 1:00 ChatHats/Pinoch 6:00 Music Jam	8:00 Farmers' Market 8:30 Book cleaning 9:30 S.H.I.P. Medicare 10:00 Chair Massage 1:00 Duplicate Bridge 1:00 Health/Wellness Disc Gp 1:00 Pinochle/500 Cards	9:00 <i>Weight Watchers</i> 12:00 VFW VFW Aux
11:30 Mah Jongg 1:00 Wood Carving 1:00 Party Bridge 1:00 Bingo 1:00 Scrabble Pahrump Winery Trip	9:00 Writers' Round Table 10:00 Coin Collecting 12:45 Short Story Readings 12:45 Poker 1:00 Rummikub 1:00 Pinochle 6:00 Weight Watchers	9:00 Blood Pressure 12:30 Open Music Jam 12:45 Bingo 1:00 Grief/Loss Support	8:00 Wood Carvers 9:00 Toenail Clinic 12:45 Poker 1:00 Chatty Hatters 1:00 Pinochle 6:00 Music Jam	8:00 Farmers' Market 8:30 Book Cleaning 1:00 Duplicate Bridge 1:00 500 Cards 1:00 Pinochle	9:00 <i>Weight Watchers</i>
11:30 Mah Jongg 1:00 Wood Carving 1:00 Party Bridge 1:00 Bingo 1:00 Scrabble	10:00 Coin Collecting 12:45 Poker 1:00 Rummikub 1:00 Pinochle 3:00 Casino Trip-Fiesta 6:00 Weight Watchers	9:00 Blood Pressure 10:00 Diabetes Support 12:30 Open Music Jam 12:45 Bingo	8:00 Wood Carvers 12:45 Poker 1:00 Pinochle 1:00 Chatty Hatters 6:00 Music Jam	DID YOU KNOW? Our lunches are called "Congregate" meals. The name reflects the fact that we come together (congregate) and socialize for the meal. Experts agree that mixing with other people is just as important to health as having a well balanced diet. Our lunches fulfill two functions and are enjoyable too!!	